



Muskegon Heights Public

Schools

NEWS RELEASE

Muskegon Heights, Michigan USA

FOR IMMEDIATE RELEASE

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Muskegon Heights Track Takes Six Firsts, Breaks Records

Coach Troy Miskel couldn't be much prouder of this year's Muskegon Heights Middle School Boys Track Team.

"This is one very special group of kids. They work hard and do what it takes to win," says the coach.

His team made an impressive show at last weekend's Whitehall Invitation Track Tournament held Saturday, May 13. Thirteen area schools participated.

The Muskegon Heights Middle School team earned six first places and broke two conference records. Eighth grader Kyris Burks took first place in the high jump, Burkes and fellow eighth graders Ryan Moffett, Tony Douglas and Derick Johnson took first and broke the record in the 800 meter relay and Douglas also took first in the 100 meter dash. Johnson also took first and broke the record in the 200 meter dash and Moffett won the 70 yard dash. Eighth grader Dwight Carter joined Douglas, Burks and Johnson to earn first in the 400-meter relay.

Coach Miskel, who also coaches football and is a security staff member in the district, says that the team focused on dedicated training and preparing for the relay handoff this year.

"They all worked hard and it paid off," he explains. "We even went out to Dune Hills and ran and ran to get ready."

Miskel says that the team has been invited to compete next month against teams in Indiana but logistics still have to be worked out.

For more information, please contact Troy Miskel at (231) 578-1221.

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